

The Write Up

IA news & updates



December 2022



Christine is taking the plunge! New Year's Day Polar Plunge

Christine Walker, our Children's Case Management Program Manager, is taking the plunge for the third year in a row!

On New Year's Day she will be participating in a polar plunge at Popham Beach to raise funds for Independence Association. Christine has been with IA for 26 years and loves the work IA does with children and adults with developmental disabilities and mental health challenges.

Thank you, Christine! We will be cheering you on from someplace warm!

Donations can be made on her [Facebook Fundraising page](#).

We're Hiring Join our Team Today!

Visit our [careers page](#) to apply or email [Brian Trelegan](#), our new Onboarding Specialist.



IA Gift Giving Guide

Visit Spindleworks in-person or online

The Spindleworks gallery and store are open Monday-Friday 9am - 4:30pm, with added holiday hours Saturday, December 10th and Sunday, December 11th - 10am - 2pm.

On Saturday and Sunday, enjoy an additional 10% off everything in the store!

The artists have been busy making cool stuff and can't wait to see you there!

Can't make it in? Visit our [online store](#), gift cards also available.

Shop our Wish List

In-kind donations are critical to our day-to-day operations and residential programs. Fulfill a wish today by donating essential items from our [wish list](#).

Items can be purchased through our [Amazon list](#) or brought to our office building. Please call Hilary at 207-705-7651 before delivering donated goods.

Don't forget to make Independence Association your [AmazonSmile](#) organization. You shop, Amazon gives - it's as easy as that!

Direct Support Professionals
(Full Time = 3 days/week - 12 hour shifts)

Adult Case Manager

**Personal Care Assistant for
Community Activities**

Shared Living Providers

Family Advisory Council

If you are interested in becoming part of our Family Advisory Council, please reach out and email David Cowing at CowingDavid@gmail.com



IA in the Community

Holiday Sale at Spindleworks
December 10th and 11th | 10% off everything

Thank you, Gardner Real Estate Group!

When you make a new or increased gift to IA, the Gardner Real Estate Group will match it - up to \$10,000.

That means, your donation will go twice as far!

We are over half-way to our matching gift, please consider making your donation today.

**Make the
Match**

Make your Year-End Gift

Our generous givers support group homes with 24/7 staffing, apartments for those who are more independent, two Spindleworks art studios, transportation for clients who have jobs or volunteer commitments, skills training for community life, case management, and much more.

Your gift today helps provide top quality services personalized to meet the needs of even those most challenged by their disabilities.

Donate Now



'Tis the Ski-son

Let it snow, let it snow, let it snow

Our Special Olympians are preparing for the games, now all we need is snow.

This year, IA will have nine athletes participating in the Special Olympic Games, competing in Alpine and Nordic skiing, and snowshoeing.

Save the Dates:

March 1 - Alpine Games at Lost Valley at Auburn

March 7 - Nordic Games at Quarry Trails in Waterville

March 9 - Snow Shoe Games at Quarry Trails in Waterville

For more information, please email [Connie French-Smith](mailto:Connie.French-Smith) or [Brian Trelegan](mailto:Brian.Trelegan)



United Way of
Mid Coast Maine

Independence Association |
[\[IndependenceAssociation.org\]](http://IndependenceAssociation.org)
Spindleworks |
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